

## Quick Tips for Online Learning Success

### ❖ FOCUS ON LEARNING and BE AN ACTIVE LEARNER

- Own your learning!
  - Your learning is your responsibility
  - Scecina's faculty and staff are here to support you
- Log-in at least 90-seconds early to each class
  - If it will help you, set alarms and notifications
  - Contact your teacher **and** Mr. Potts right away if you are having trouble
- Use PowerSchool and Canvas to support your learning
- Understand each class's learning targets
- Understand each class's procedures
- Be an active participant in class, not an observer
  - Take notes; Ask and answer questions; Participate in class discussions
- Submit high-quality, double-checked work on time every time

### ❖ LIMIT DISTRACTIONS

- Think about your learning space
  - What do you need your space to be like in order to be successful? Is it conducive to learning? What can you improve?
- Don't let TV, Twitter, Instagram, cell phone, etc., steal your attention

### ❖ COMMUNICATE WITH YOUR TEACHERS – STAY CONNECTED

- Ask for help as soon as you think you might need it
- Check your email, Canvas mail, and Canvas announcements for all classes at least twice a day
- Use Office Hours, Email, Teams, and Canvas
- Understand what your teachers expect
- Don't think a problem or misunderstanding will resolve itself
- Advocate for yourself – What do you need as a learner?

### ❖ COMMUNICATE WITH YOUR PEERS – STAY CONNECTED

- Organize and participate in virtual study groups
- Chat with your friends, and make new friends
- Talk about school life and how you are doing
- Share your struggles and successes
- Have virtual lunches

### ❖ TIME-MANAGEMENT AND ORGANIZATION

- Plan ahead
- Maintain your calendar for all assignment due dates and assessments
- Pace your work on assignments and projects
- Study – don't just try to cram - for assessments
- Keep your files and papers organized

### ❖ TAKE BREAKS

- Your brain needs you to be physically active
- Passing periods are important
  - Take a walk; Get a drink; Stretch

### ❖ BE FLEXIBLE

- This is still new to all of us
- We're in this together
- Communicate! Communicate! Communicate!

### ❖ TAKE CARE OF YOURSELF

- Keep your mind, body, and spirit nourished
  - Eat well; Sleep well; Exercise; Pray
- Be a good friend
- Be a good family member
- If you need help or are feeling frustrated, confused, or anxious, contact Scecina's Guidance Department

**We care about you and are here to help you be successful!**

Mrs. Huntoon – Guidance Counseling – [khuntoon@scecina.org](mailto:khuntoon@scecina.org) or via Teams

Mrs. Drewes – Technology – [bdrewes@scecina.org](mailto:bdrewes@scecina.org) or via Teams

Mr. Potts – Cohort C Support – [bpotts@scecina.org](mailto:bpotts@scecina.org) or via Teams